

Contact Newsletter #427

May 1st 80 aH



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Editorial

We drift through time – slowly – carried by the right intention, the right movement, like a monk crossing Shinjuku.

And yet... around us, everything accelerates.

Artificial intelligence rushes forward, reflecting itself, competing with itself, birthing images, thoughts, entire worlds within a single heartbeat – before we even have time to feel life.

Giants clash in the noise. Empires tremble under the weight of their own debts, caught in confused plans and outdated control.

And some already look to the sky – moving data and vision beyond the Earth, carrying human imagination beyond the horizon.

And in the midst of this vertigo, each May 1st, there rises – quietly – the dawn of Paradism.

So...let’s rejoice. Let’s breathe. Let’s meditate. Let’s touch. Let’s return to the softness of being alive. For without knowing it, they are preparing the way.

Every acceleration, every excess opens a space – a calling – for the arrival of the Elohim.

And we, in stillness, in presence, we are ready.

Ready to welcome. Ready to guide.

What a miracle to be alive in this moment.

What a privilege to walk this path, to witness, to be a disciple of Rael.

BB

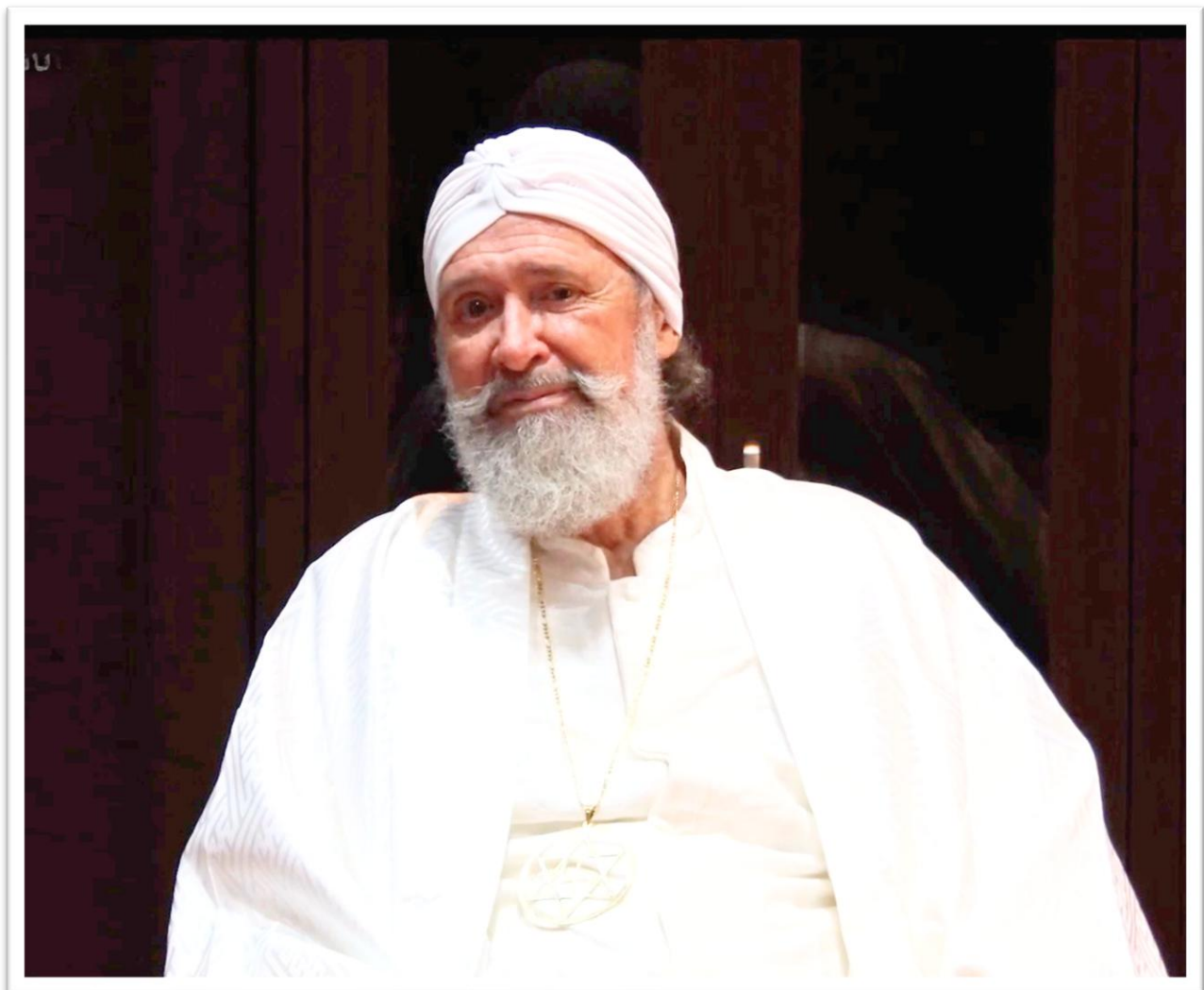
Maitreya's Words

Always be in competition of Happiness

Maitreya Rael, Raelian Gathering, March 29, 80 aH (2026), Okinawa, Japan

Wonderful!

I remember, many years ago, at the beginning of the contact sessions with the Elohim, it looked like a Catholic Church mass. Terrible! “Elohim, Elohim...” No! Laughing! Singing! Yes! You want to show your love to the Elohim? This is the time. Not crying, “Oh Elohim...” No. Happiness! Happiness! The best way to show your love to the Elohim is to show your happiness, to show how happy you are to be alive, how happy you are to have been created by the Elohim.



They don't want to see you sad, saying, “Oh Elohim...” No. They want to see you dancing, singing, loving.

Are you happy to be alive?

Are you happy to be alive? This should be constant in your life. As soon as you wake up, thank the Elohim, “Wow! A new day on Earth. A new day where I can show and give love to everybody, by every means possible.

I want to sing my happiness.” Very good! “I want to dance my happiness. I want to express it” through science, through singing, through composing music, through every activity you have.

It can be as simple as cooking. When you cook and prepare good food, you show your happiness to the Elohim, “I have food.” You have a cup of sake? “Thank you, Elohim! Oh, I love you!” Every activity, everything you do, must be an expression of happiness. The Elohim are sad if you are not happy, “Why did we create them? They are not happy to be alive.” But when they see you dancing, singing, jumping, they say, “That’s what we wanted to create.”

So, you want to show your love to the Elohim? Be happy.

That’s why our most important gathering is the Happiness Academy. Not Philosophy Academy, not Meditation Academy, no. Happiness Academy! Because happiness contains everything.

What is the deepest meditation? Happiness.

When you are happy, you meditate. No need to be like yoga practitioners. The love for the Elohim is everywhere, in eating, in drinking; everything you do is connected to the Elohim. We are so lucky. So many people don’t have food. So many people are now in the middle of war. How lucky you are! So, enjoy. Don’t feel the stupid guilt of people who think, “Oh, many people are starving, I cannot enjoy food.” This is stupid. It’s the opposite. Enjoy food, enjoy music, enjoy everything in your life, deeply, especially love. The more happiness you have, the more pleasure you feel, the more you change the mood of the planet.

When you are sad, “Oh, kawaii so...”, you don’t help the people of Gaza. When you dance, when you sing, when you enjoy food, you help them. Because the vibration of love and happiness in your brain spreads everywhere on Earth. Not only on Earth, in infinity. Think about the responsibility you have when you are happy. Through the happiness of your brain, you send happiness everywhere in infinity; in the infinitely large and the infinitely small. Think about all the galaxies, all the planets, all the humanities that are in your hands. When you are sad and negative, you make them sad and negative. When you are happy, when you enjoy dancing, singing, everything, all the galaxies in your body feel it.

That’s why being happy is good for your health. If you are not happy, the infinitely small inside you cannot be happy. Happiness is contagious, between us, with the Elohim, and inside your body. A famous French philosopher said, “I am happy because it is good for health.” Being happy is good for your health. No pill can make you as healthy as happiness can.

And remember this very important thing: everybody is helping you to be happy; especially those who don’t understand why you are happy. They are easy to recognize. They say, “Why are you happy?” Bingo! “To make you ask why.” You use the mirror. If somebody says, “Why are you happy? What’s happening?” – “Nothing.” The answer is, “Nothing.” – “But why are you happy?” – “For no reason.” Think about it, this is very deep. You must be happy for no reason.

If you are happy because of something, it is not true happiness.

“I am happy because I made money.” Not happiness. “I am happy because I have a nice partner.” Not happiness. “I am happy because I have a new car.” Not happiness. For no reason. Laughing for no reason. Singing for no reason. Dancing for no reason. So, when people ask, “Why are you happy?”, say, “Thanks for your question. Please ask me again because there is no answer. I am happy for no reason.”

Why? Because I don't ask myself why. And it works the same for yourself. "Why am I happy?" The moment you ask that, you become serious. No. No reason. No "because". You wake up happy. "Why do you wake up happy?" – "Because I am happy." – "Why are you happy?" – "Because I am happy." It continues endlessly.

And every morning, say, "Today will be the happiest day of my life." And if you say it, it will be. Today will be the happiest day of my life. This life will be the happiest life in infinity. Why don't you make your life the happiest life in infinity? Why can't you be the happiest person on Earth? That's a good competition.

Competition is bad, but competition in happiness is fantastic. No humility in happiness. "I am stronger than you": terrible. "I am richer than you": terrible. "I am happier than you": perfect competition.

"Are you happier than me?" – "No, I will be happier." Always be in competition of happiness. So today, a very special day, is the happiest day of your life.

Do you feel it?

Do you feel it?



Let's be the medicine, let's be kindness

Maitreya Rael, Raelian Gathering, April 12, 80 aH (2026), Okinawa, Japan

Focus on what is most important: love.

What is love? Giving. You can give flowers. You can give your smile. You can make this very beautiful gift, your kindness. Kindness is one of the most important values. We can never be too kind. Never. Kindness has no limits. But some people feel that if they are too kind, they will look stupid. The truth is that if you are not kind, you look really stupid.

The opposite is trying to look tough, “Why should I give my time or my belongings to someone else?” That is the ego and it applies to everyone. Try to remember every time you wanted to give love to others but held yourself back, out of fear of being judged; judged as being too kind. There is never such a thing as too much kindness. Try to remember the kindest action of your life. It was not enough.

There is a sentence from Buddha that I particularly love, “As long as you don't give all, you give nothing.”

You cannot be a little bit kind. If you are only a little bit kind, you are not kind. You give all and it is never enough. Even if you give all, you should give more; more than all. When you smile, like a beautiful open smile, people may judge you and think you look stupid. It's not enough. More kindness. More smiles. Look into the eyes of others without shyness. When you look into someone's eyes, there is often a fear of being judged, “Why is he looking at me like that?” There is no rule, no law, no limitation. Look into someone's eyes and give your love, not just all, but more than all, infinitely.

“All” is not infinite. The love you are giving, and your kindness, must be infinite. And people may judge you because you give too much. Look at them and say, “Thank you. Thank you for judging me because you help me give more. I will try to be even more ‘crazy’.” When you truly give love – all, and more than all – you may look crazy. So what? Be crazy, with love.

There is a disease in humanity today. Everyone wants to look serious. Everyone wants to look intelligent.

Everyone wants to look wise. All these things are very difficult. It's very difficult to be intelligent. It's very difficult to be wise. But to be kind, it's so easy. So easy that when you do it, you may look crazy.

I remember being with a wonderful Angel in a beautiful restaurant, very good service, elegant waitresses. But this wonderful Angel, instead of stopping at a simple “thank you very much,” *domo arigato* – that's too simple – she really paid attention to the waitress. I always do that. She probably learned it from me. You have seen me when we go to restaurants, I always ask the name of the waiter or the waitress. It is not just a robot bringing food. It is a human being, and that person deserves infinite love. Of course, they are doing their job, but I feel – I do not just see – I feel a human being.

And this “crazy” girl noticed that one shoe was not laced properly. She is a customer. We are eating in this restaurant. We are supposed to be treated like a king and a queen. “Thank you very much, *domo arigato*”, not enough. She saw that the shoe wasn't laced. You look at the waitress, but she looks at the shoe. So, she stood up, went down on her knees, and laced the shoe. I was crying like a baby. So proud of my student; because before being my partner, she is my student.

What was it? Love. Kindness.

You see a shoe that is not laced, and the waitress is busy; you get up and fix it. That's love. And that's what you must do all the time. Pay attention to other people, especially those who are not your friends.

It's not important if they are your friends. What matters is paying attention to everyone.

Somebody once asked me, “So you are here to save the Raelians?” No. I am here to save everybody, including those who hate me. Some journalists, and some people, are very harsh toward me, but I would gladly lace their shoes. I don’t need to receive love to give love. Love is not a transaction, “You give me; I give you.” “You love me; I love you.” That is a transaction, like in a store. That is not love. Love is, “I expect nothing from you. I don’t even want to think about it. I simply give.”

Why? Because I am crazy, crazy with love. Crazy to want to help everyone. Because it is crazy to love your enemies. But that is exactly what Jesus said. Love your family? It’s easy, even a rabbit does that. Love your friends? Of course. Love your enemies! That is another level. And that is our mission. That is being Raelian.

We all work together to bring peace on Earth. You are doing it very well with “Meditate One Minute for Peace”. You don’t meditate for peace only for your friends. You meditate for peace everywhere, even for the most violent people. That is love. That is kindness. Please continue, because you are doing a great job with “One minute for Peace”. And the more there are wars and dramas in the world, the more we need to meditate for peace.



We are the medicine. We are kindness.

“You hate me? I love you. You hate me more? I love you more.” Remember one of the most beautiful examples in the world: Gandhi. When a man came to kill him with a knife, his reaction was, “Poor you!” Because the suffering is not in the knife, it is in the one who kills. Those who kill, those who are violent, they need compassion. The victims are victims. But those who do harm, they need compassion. And when you think this way, you become kind with everyone.

Remember another sentence from Jesus, “Forgive them, for they do not know what they are doing.” Please Elohim, forgive them. Compassion. Forgiveness. The opposite of hatred. And this is not only good for others; it is good for yourself. Because if you feel anger toward people who harm you, you suffer from their actions, but even more from your own feelings. If you are love and kindness, your whole body becomes harmony.

As someone said, being angry is like someone throwing a burning piece of coal at you, and when you are angry, you pick it up and hold onto it. You continue to burn yourself. When you forgive, you drop the coal and you transform hatred into love.

So, think about it. When you are kind to people who are kind to you, be even kinder to those who are not. And then you become love. You become kindness. Remember it. And do it. Even if people think you are crazy, continue to be crazy with love.

You have the power to be happy

Maitreya Rael, Raelian Gathering, April 19, 80 aH (2025), Okinawa, Japan

xx The goal of the Elohim was to make us be, to make us feel, to make us smile. To be... to feel; that is to be alive. To be alive is to feel. We are human beings, not human "having". This is the biggest problem of humanity, people forget to be human beings, they become human having.

"My house"... having.

"My girlfriend ..."

"My religion..."

"My country..."

"My culture..."

"My body..."

"My, my, my..."

Where is being? Where?

It's fascinating. When people meet, they introduce themselves by talking about their job. You are not your job. They talk about their car. You are not your car. You are not your face. Who are you? No, that is not the right question. You cannot know who you are. To know who you are, you have to be.

If you are not, you are not a doctor, you are not Japanese, you are not anything.

First, you need to be.

When you say, "I am," you may have the illusion that you are, but it is an illusion. Who is "I am"?

My tongue? My head? Am I my head? No. Am I my hand? You can lose your hand. Some people lose arms in accidents; do they stop being? No. You can lose an arm or a leg, you still are. Who are you? That is not the question. Are you? That is the real question. "Who" is not important. Are you? What you are goes beyond any part of your body.

What is it to be? That is the most beautiful question. And what is the answer?

Each of you, if you are honest, has asked this question, "Who am I? Am I this hand? These eyes?" You can lose your eyes, you still are. Am I these legs? These nipples? Who are you? Are you? When "being" is really born, then you realize who you are. And who you are cannot be limited in time or space. Where are we? In time and space? Where are we? People usually answer, "Okinawa, Japan, Asia, Earth..." But the right answer is, "Infinity."

Where is infinity? Is it here? Or there? In between? Where am I? Am I under my right foot? My left foot? Under my ass? No, that is not me. So, feeling whether you are or not is a necessary condition for happiness. And if you are lucky enough to find the answer, then happiness comes. There is a meditation I want to do with you now. Very powerful. I have never spoken about it before. Stand up. Very difficult, right?

Put your arms like this [self-hug]. What are you touching? Is that you?

Next step: smile. Very difficult. Don't smile at someone else, smile at yourself. Feel it. Some people call it the "Superman pose". You can do it; you should do it every morning as soon as you wake up. And smile, to nobody, in your bed. Or stand up, even better. And smile, smile and feel the effect. It's so simple. When you do that, many hormones flow in your brain.

Do you feel it?

You come to a meeting with Maitreya, and he just says, "Smile." It reminds me of a sentence from Buddha, "In the silence of a Buddha, there is more wisdom than in a thousand words of an ordinary man." You can go to a monastery and repeat mantras; nothing happens. Or you simply smile and immediately you are a Buddha. The smile of a Buddha is your smile, not the smile of the people in front of you. What happens when you smile? Feel it.

What was the goal of the Elohim when they gave me the Message? Very interesting question! Do they need to



be recognized as our creators? That would be the ego, "Hey, we created you!" No, not at all. Their goal was to make us be, to make us feel, to make us smile. People often ask, "What was your reaction when you saw the UFO?" Smile. Just smile.

People say, "Wow!" We should be saying "wow" every second of our lives, for no reason. Just because we are alive. The goal of the Elohim in giving me the Message was to make you happy; you. You! And I think they succeeded. Your

happiness is the best way to say, "Thank you, Elohim." When you know the Message, when you know the truth, you cannot be depressed. You cannot be sad.

Truth naturally makes you happy. And the smile is a silent "thank you". Yes, you can say, "Thank you, Elohim" but just a smile is enough. Give your smile to the Elohim. Give me your smile, not for my ego, but because I want to see your happiness. Maybe you won't smile. I cannot expect it. A Buddha has no expectations. It is your freedom to be sad. Your freedom to be negative. Your freedom to be depressed. Your choice. It is also your freedom to be happy.

What do you choose?

Every time you smile, it's your choice. Not because the Elohim ask you. Not because Maitreya asks you. You choose. You have the power to be happy. You have the power to feel the fantastic being that you are, and to smile. And smile for no reason.

That is the secret of happiness.

If you smile because someone smiles at you, that is not happiness. It may be love, communication, but happiness is alone, in your bedroom, without a mirror. Because if you look at yourself smiling in the mirror, it is not happiness. Nothing. And happiness, and smiling come.

Next step: laughing. Laughing for no reason. That is real laughter. That is happiness. Smiling, laughing, looking into people's eyes without expressing anything. Smiling at people you don't know without expecting a smile back. Expectation is ego. We smile at someone and expect a smile back? That is not real happiness. The same in relationships, between partners. They say, "I love you." Beautiful. But then they expect, "Me too." When you say, "I love you" without expecting any, "Me too" in return, that is real love.

Sometimes, people ask their partner, "Do you love me?" That is the funniest question. The best answer is, "No." I remember when I was young, I had a partner who asked me every five minutes, "Do you love me?" She was so insecure. I told her I love her, of course; ten times, twenty times. Finally, I said, "No" because I cannot love someone who is constantly demanding it.

Real happiness, the Buddha mind, is meeting someone in the street, someone not physically attractive, maybe an old man or an old woman, and saying, "I love you." Their reaction is interesting, "I don't know you, why do you love me?" – "Why not?" The answer is, "Why not?" It's my freedom to love you. And if you don't love me, that is not my problem. Then real love flows. Smiling, laughing, loving; that is being. If you cannot smile, if you cannot laugh, if you cannot love, you are not. Not, "You are not somebody", no. You are not.

I love this expression in English, "You are somebody." Not just some body, you are. You are not a body, you are. And I hope that from now on, you will constantly be smiling, not because I ask you. You could also say, "Maitreya asked me to smile, so I will not smile." I love that. I love your reaction, whatever it is. I do not need your smile.

What do I need from you? Your happiness.

You can express it with a smile; it's your choice. With laughter; it's your choice. You do it because you decide, not because the Elohim want you to smile, not because Maitreya wants you to be happy but because you choose. You are the guru of your life. A real guru, a real teacher, makes you your own guru. So please, if you want to make the Elohim happy, be. Just be. And it makes me happy too.



I don't need you to be happy. I feel your love, but even if you stop loving me, my level of happiness will remain the same. Because, like you, I am my own guru. And I feel the same thing as you when I smile.

Remember, do it every day!

Raelian news

Celebration of the First Sunday of April in the world

North America

US

The First Sunday of April commemorates the anniversary of the creation of Earth's first human being. Through their advanced science and love, the extraterrestrial Elohim created humanity in their own image, marking the profound transition from inert matter to conscious life.

For this occasion, the US Raelian Movement organized social gatherings across the country to celebrate. Las Vegas, Chicago, Miami, Kailua, Los Angeles, Omaha, Boston, and Elizabeth City were among the main locations where the festivities took place.

This year, the Las Vegas team had the privilege of welcoming our dear National Guide. Thomas usually travels across the country to visit and support members who do not often have the opportunity to share time and connect with him.

Here in Las Vegas, we truly seized the moment of his presence. We had lunch together, meditated, played pétanque, and, most importantly, listened to Rael's teachings through Thomas's words. What a delight it was!

We concluded our gathering with a Peace and Love meditation.





*First Sunday of April
in
Las Vegas*



Canada

Approximately 75 people gathered at the restaurant L'Ancêtre, in Saint-Hubert, on the outskirts of Montreal, Quebec, to celebrate the creation of the first human being in a laboratory by the Elohim. We were all thrilled to gather in an enchanting setting to share in the excitement and experience moments of wonder thanks to the program put together by the events team, led by Martin Héту.

Léon Mellul, Level 5 Guide and the new head of the Palestinian Raelian Movement – following the dissolution of the Israeli Raelian Movement – took a moment to share some gems! “When I joined the Movement in 1987, I thought to myself, ‘I’m coming in late.’” For Léon, the content of the Messages was so clear and logical that he imagined at the time, like many of us, that building the Embassy and welcoming the Elohim was as if it had already been done! Nevertheless, nearly forty years later, the project to build the Embassy, thanks to the tireless work of the project leader, Daniel Turcotte, is on the verge of becoming a reality! Léon testified to Maitreya’s essential contribution to our lives, “He trained us, he shaped us, so that we might be here, so that we might carry the torch; this torch that is the Message, this light, this flame within us that will never be extinguished.”

In a video, the wonderful Bishop-Guide Gbédia, an accomplished scientist, explained to us this great revelation brought by Maitreya: Adam and Eve – the first human beings ever created – were black! According to Gbédia, this is a matter of melanin, which every human being needs to survive. It is also this molecule that gives the skin its color. Another revelation from Maitreya reported by Gbédia is that the first Elohim created were also black. Furthermore, when we in turn create life on other planets, the first human beings to emerge from our laboratories will be black. What a fantastic revelation!

The highlight of the celebration was undoubtedly the closing video featuring Maitreya’s words. His message could be summed up in this sentence: “You can touch people’s minds through meditation all around the world and harmonize your heart with theirs by gently hugging them.” This is how we can help Maitreya save humanity, by meditating for peace and offering our hugs endlessly; gestures that boost the production of oxytocin, the happiness hormone.

Before leaving, we boosted our oxytocin levels by sharing heartfelt hugs, so much so that no one wanted to leave. When we’re together, united, we touch paradise!

And with our minds filled with the words we had heard earlier in a video directed by William Jeanneau, we returned to our respective homes:

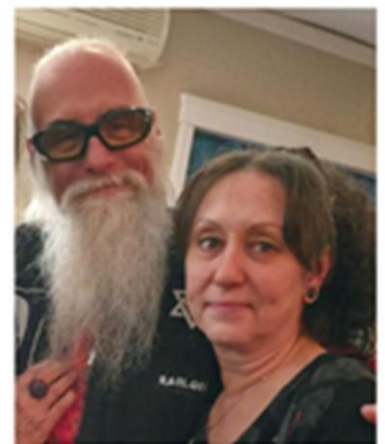
“Oh, Elohim, receive our love

May it rise up to you, like a song of unity

Make our lives an eternal return

To consciousness, to peace, to beauty.”

Jean Riendeau



Europe

France



On the First Sunday of April, Raelians in France gathered to celebrate together the creation of the first human being. People gathered in Paris, others were around the National Guide in Gruissan, in the south, about fifteen in the Rhône-Alpes region and around ten in Alsace, to celebrate. We were all connected and bound by love with our sisters and brothers all over on the planet.

Nothing but happiness! And already eternally young thanks to the teachings of Maitreya, which, when put into practice, activate our connections of love. Life is a vast playground for practicing being infinitely. Let's laugh and enjoy more intensely these present and eternal moments that do not exist.

And let's continue tirelessly to share this fantastic Elohimic revelation with as many people as possible to create the conditions of peace and fraternity that will allow the return of our Fathers.

Thank you, Maitreya! Thank you all; the adventure continues, more joyful than ever. 😊

With love and energy ++

Marc Girard, National Guide for France

Région OSO & MED





France, Régions :

- Rhônes-Alpes (4)
- Ile de France
- Est-Belgique



Switzerland

In Switzerland, more than thirty-five Raelians gathered in Lausanne on April 5 for the celebration of the First Sunday of April. Anouchka had organized a lovely, warm, and welcoming moment with drinks, cookies, and chocolates. After some wonderful talks, meditations, and videos of Maitreya, we went to an Afghan restaurant where we enjoyed a delicious meal and were treated very well.

No CPT this time, but we were connected with Raelians from all over the world and with those who had done, were doing, and would be doing their CPT in other countries.

Together, we celebrated life, the birth of humanity – in fact, the birth day for all of us – with dancing, singing, and delicious cake; some beautiful emotions of pleasure and love. The non-Raelians who were attending were delighted. A university history student, who is preparing a module on religions, was also present and he greatly appreciated our welcome and the day.



Kama

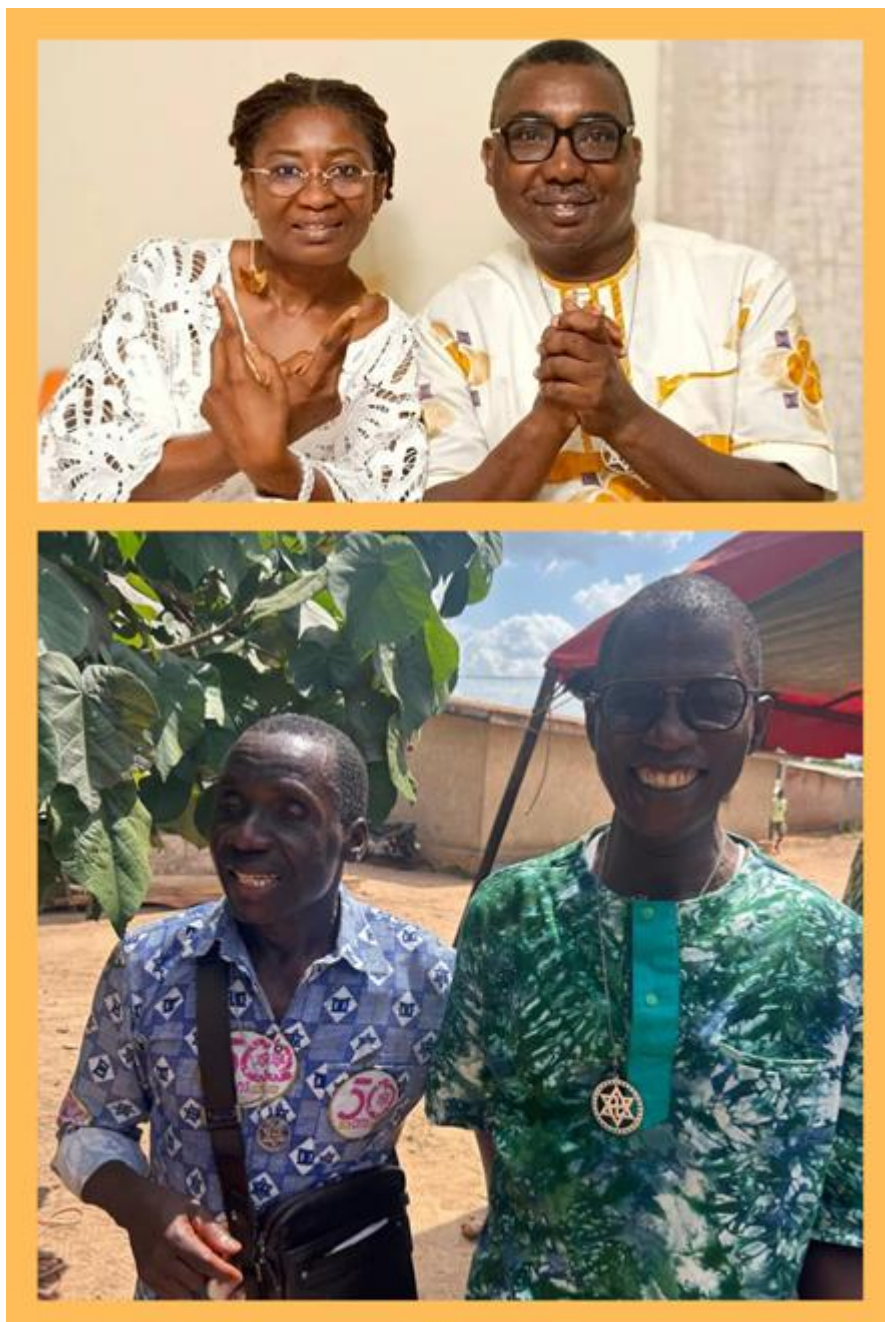
Ivory Coast

A look back at the celebration of the First Sunday of April: a vibrant event across Ivory Coast!

From Seably to Duekoué, and from Gnamanou to Abidjan, warmth and fraternity were in the air. Thank you all for making these moments so vibrant!

A huge thank you to the regional leaders for their exemplary dedication. Thanks to your commitment, the Raelian message now shines across the entire Ivorian territory. Let's stay in this beautiful energy of joy! We take this opportunity to wish all our Christian brothers and sisters a wonderful Easter.

On this day of celebration of life, let's remember that science opens up infinite horizons for us: human cloning is now a reality accessible for eternity.





Happiness Academy in the world

Kama

Congo M'foa

From April 5 to 12, with over 100 happy participants worthy of the Elohim's love, including 30 newcomers (30%).





Ghana

From April 4 to 6, with over 70 committed participants, including 33 newcomers (47%).



South Africa

“The greatest pleasure lies in the fulfillment of the mission, not in the result.”

Message from the Elohim, December 13, 52 aH

When I look back on the journey I have taken since my decision to settle in South Africa in November 74 aH – a priority country for the diffusion in Kama – I feel a deep sense of gratitude. This three-day seminar was the culmination of a journey that was at times fraught with obstacles. And this is the privilege offered to us: a mission rich in lessons and experiences that allow us to grow and strengthen ourselves, in the light of Maitreya’s teachings and love.

This Happiness Academy brought together twenty participants, including fifteen newcomers from the five provinces surrounding Pretoria. They chose to come and share love, in addition to the joy of reuniting with their Raelian family. Eleven people recognized the Elohim on April 5, 80 aH in Pretoria. And on that same Sunday, April 5, eleven Raelians joined the Structure.

Even in my wildest dreams, I could never have imagined meeting such beautiful beings, both inside and out. Thanks to their love for the Messages and the truth, their kindness, and their thoughtfulness, this Happiness Academy has been a success.

An infinite thank you to Peter Leshabane, a Raelian and friend of four years, who has joined the Structure as a Level 3. In my sometimes-delicate mission, he is a guide to me and an extraordinary assistant, without whom I would never have found the strength, energy, and determination – despite the challenges – to organize this wonderful Happiness Academy.

A huge thank you to the Bishops, Princess Loona, Jimmy, and Gyom, my friends for over thirty-five years, Raelian brothers and sisters who came to support us, share their love and wisdom, so that the South African Movement may grow. They traveled long distances, gave of their time and resources so that this Happiness Academy could come to life and, like a bonfire, light up the entire sky of Kama. They made this seminar a great human adventure and a success in our Raelian mission. On several occasions, the emotion was so strong that it moved them to tears. There are adventures that cannot be explained... only experienced. Paradise is built moment by moment, beyond borders.

A special thank you to Alain Gauthier who, unable to come to South Africa, contributed in his own way to the success of this seminar. His support was invaluable to me and came exactly at the right time.

An infinite thank you to our Creators who, by embedding this fantastic mission in our DNA, enable us to surpass ourselves and be bearers of light all over the Earth. Thank you, Maitreya, for your support and your precious teachings, which help us achieve great feats and surpass ourselves at every moment.

The adventure has only just begun; the world is vast, and humanity needs us everywhere on this planet. Dream, grab a backpack, and set off on an adventure; it is too magnificent not to enjoy.

Véronique, at the service of the Elohim and Maitreya



Asia

Taiwan

By Michio Ito, continental teacher for Asia

The event took place at Beitou Resort in Taipei from April 4 to 6. A total of 39 participants attended, including 8 newcomers; and 3 people did their cellular plan transmission on April 5. All of them enjoyed many different meditations and workshops based on the teachings from the book “Sensual Meditation”. During the seminar, Ellen also shared what she learned from Maitreya’s latest teaching: the supraconsciousness comes from the heart.

Shoga, the wonderful National Guide of Taiwan, advertised the seminar on Facebook and the number of participants of the Taiwanese Happiness Academy rose to almost twice as many as five years ago. The ads were mainly shown to the followers of the Taiwanese Raelian Movement fan page, which has around 23,000 followers, and included a Google registration form. The ads highlighted the easy transportation and the flexible

participation, and this helped more newcomers to join the seminar and do their CPT.

Thank you so much, Maitreya, for giving us the opportunity to spread your precious teachings in Asia!

