



IN THIS ISSUE:

MAITREYA'S WORDS

- 2 A world where everybody is thinking only to give, and nobody is thinking to receive.
- 4 About free will or "I love the present you who is constantly changing"
- 6 About our secret garden
- 8 A new meditation guided by Maitreya

66aH HAPPINESS ACADEMY IN ASIA

- 9 « The process which is constantly changing the future in past in a constantly changing present ».
- 12 Testimony of Guyom

MAY 1ST: "INTERNATIONAL PARADISM DAY"

- 17 In Mexico City and Puebla
- 17 In Cartagena, Colombia

AMERICA

- 17 Paradism at NATO in Chicago
- 18 In Quebec, the Raelians unreservedly support the youth revolution
- 18 Mexico Conference on Archaeoastronomy and Cosmovision of ANAHUATL

IN EUROPE

- 19 Wave of Kindness in Switzerland
- 20 Back to Finland
- 20 Meeting with the Moldavic youth
- 20 The Disciples of Maitreya at the Cannes Festival.
- 21 Pope Alice wanted in Vatican city

ASIA

- 22 Okinawa Raelians against the debris

CLITORAID

- 22 Clitoraid at Exxxotica in Miami
- 23 Clitoraid news in brief
- 23 Reconstructive surgery after female genital mutilation: a prospective cohort study



The Planet of the Eternals, a world where everybody is thinking only to give, and nobody is thinking to receive

RAEL, May 66 aH

MAITREYA'S WORDS

A WORLD WHERE EVERYBODY IS THINKING ONLY TO GIVE, AND NOBODY IS THINKING TO RECEIVE.

Sunday May 5th

It's time to say "Thank you Elohim. Thank you for being who we are, where we are, at the right place, at the right time, together."

It's also time to ask yourself the right question : "are you at the right place ? At the right time ?"

You know the answer.

Why are we together? We could be everywhere on the earth, we are free.

We choose to be here, coming from Italy, Canada, France, Naha...Why are you here? Because you choose to be here and next Sunday you can choose also to be here or not.

It's your choice, your freedom.

If you feel something, if you feel something for the Elohim, if you sincerely want to welcome them in your heart, if you want to help their Messenger and do what life is meant for: give and love instead of take and hate, you have to choose. Only you can choose.

I didn't force anybody to be here this morning.

You are here with me now because you choose, and you can forever continue to serve the Elohim and help me or not.

This freedom is the most beautiful gift of the Elohim, this freedom to have the possibility to serve and love or not.

You have the choice to give and love without expecting anything in return.

It's better not to give, rather than give and expect something in exchange.

If you give because you expect something in return, this is terrible. It's better to give nothing, at least you are neutral.

But if you give and say "I give, but I want to have something in return," it can be the love of one person, "I love you but, I expect you to love me also", that's not love, that's ego.

"I love the Elohim because I expect to have eternal life after ", that's terrible.

It's better to stop loving the Elohim if it's for that reason. It's not love, it's interest. Receiving. Ego.

"I want, for me, eternal life, so I serve the Elohim". The Elohim don't like this kind of love, you're just interested.



It is just as if you were very kind with someone, saying how beautiful that person is, and stealing its gold. No! Loving is loving without, sincerely, without expecting anything. One more time, anything.

Some people love the Elohim and sometimes come to me and say "but I never saw a UFO, I would like to see a UFO one day". If you come to the contact expecting, "we go to the contact, maybe we will see the Elohim.. " no! One more time, that's the ego. "Oh, I am somebody important, they need to show themselves to me". No.

Good Raelians serve humanity, give love to everybody, without, sincerely, one more time, sincerely, without expecting anything. Not even a little thing.

I give my life, I give my love, I give the best of myself, and I want nothing for me.

That's love.

If you are a real Raelian, that's what you have to be. Give love, and give more, and serve, spreading love around you everywhere, and being always surprised if something comes back to you, being always surprised if something good comes back to you, and even feeling that you don't deserve it. Being sincerely surprised, always thinking you don't deserve anything to come back to you.

You give love and if some love comes back to you, you will say "wow, I don't deserve it." Sincerely, not in a Japanese way, but sincerely being surprised that when you give love, some love comes back to you. And always giving love, without expecting anything in return, then love is everywhere.

I give you my love, the Elohim give you their love, they don't expect anything in return, I don't expect anything from you.

I am surprised that you love me, because I'm just a Messenger, I give you love because it's my mission and I am always surprised when you give me something.

I don't even say thank you, because saying thank you is in a way encouraging you to give me something.

That's why when you give me, I take and I don't say thank you, because many times when we give, we expect people to say thank you. I don't want you to maintain this kind of process in your brain : "I give, I receive thank you". When you give, sincerely, with your heart, with the best of yourself, you don't expect thank you.

If everybody does that on Earth, we create heaven on Earth.



That's the life on the Eternal life planet of the Elohim, everybody gives, nobody says thank you. You receive love, give love, love is circulating everywhere, in a world where everybody is thinking only to give, and nobody is thinking to receive.

We can do it, put that in your life and your life will be changed completely. Thank you Elohim for giving us this love, this rain of love falling on us even when the sky is blue.

I wish you a beautiful day, a beautiful life, a beautiful eternity.

ABOUT FREE WILL OR “I LOVE THE PRESENT YOU WHO IS CONSTANTLY CHANGING”

May27th

A few days ago, a fantastic scientific article was published about what free will is.

Scientists studying with insects what free will is, discovered that what we call ‘free will’, the power to choose, is connected of course to the ego and also to the constant and permanent change of our brain.

That’s absolutely fantastic news because it’s the confirmation of the teachings of the Elohim that what we call “I” or ego, doesn’t exist.

Because we are constantly changing.

You remember how I have been teaching you that for many many many years at seminars.

We are constantly changing.

If I say the same story a hundred times moving and I feel and say the same story and move my hand the same way it will not be the same story and I will not move the same way.

But I will have the illusion that I say the same story and that I move my hand the same way.

And the scientists studied that on insects, showing that during the experience, giving some tasks, like a little puzzle or labyrinth to these insects, the animal don’t react the same way after having been through the same experience; even simple insects show that.

That means that the brain of these very small insects has been changed by just trying to go through a special course, a labyrinth, and as their brain has changed if they are again in the same situation, they will take different decisions.

That applies to everything we do.

One more time, if I tell you the same story again and again, with the same moves, with my hand like that, the exact same story, slowly it will change.

And you all do the same thing.

Even when you explain to one of your friends, something that happened to you when you were a little child, you think you say the same story but it becomes different with time.

It is the same experience and you have the illusion that you are saying the same thing, but the story changes slowly through the years, because we are changing, our brain is changing.

So, we change the way we move.

If I say the same story and explain, it applies also to me!

I was amazed to watch some interviews of myself describing the contact with the Elohim in 1973. The way I moved 30 years ago to explain it, and the way I move now is totally different. Even the words are different and, the story is a little bit different, it is the same story for me, but I changed. We all do that.

It means that the ‘I’, the ego, as was taught by the Elohim, is impermanent, doesn’t exist, the ego doesn’t exist, it’s an illusion.



We are constantly renewed and changing. We have the illusion that we are the same, but we are constantly changing.

So, in the morning when you meet somebody, instead of saying "How are you?", you should say "Who are you?", because we change every second.

If I say the same thing again and again, if I say the same thing again and again, if I say the same thing again and again, if I say the same thing again and again, it's not the same, for you and for me, because suddenly you start laughing, you didn't start the first time.

You understand the change? You feel the change?

And it is the same for me, my brain, my emotions, my connections, my moves, change slightly, every time I repeat the same thing.

So that's the conclusion, the explanation, why for many many years, and Buddha before me, saying that: there is no I, there is no ego, it's an illusion.

We are moving through the time, constantly changing, with an illusion of permanence.

And that's wonderful when you start to feel it, because then it increases love on Earth.

When you meet somebody for the first time you are amazed by this new personality, you want to know this person, you are amazed to know somebody new. But when you see the same person for 10 years or 20 years you are not amazed anymore, you say "ok that's him". However, if you realize that the person is new every second, then you are constantly amazed by the people around you.

If everybody does that on Earth, the peace and love will increase in an incredible way.

If I look in your eyes as somebody I have known for many years and "ah ok I know this person, I know all this problem, ok I know", then I have no love! But if I look at the person, even if I have known this person for 20 years and say "wow, what is the new person coming, stemming out of this body in front of me", then the level of love for this person is infinite. It develops compassion and love, because whatever mistake or bad things the people you know do, you know they change, they can redeem themselves and they can become better and better.

That's why this scientific discovery is very important. Please remember it and do it every second of your life.

Don't look at other people like people you already know, but as people who are able to change, who are forced, not able, who are forced by life to change by natural process, every second.

And when I say : "I love you", it doesn't mean I love the old you, it doesn't mean I love the future you, it means I love the present you which is constantly changing. And what is the deep meaning of this love, it's not trying to stop people to change, but it's helping people to change better and faster.

That's love.

Looking at people you love, everybody around you, and giving them, not only giving them a chance to change, but helping the process, the natural process which makes them change themselves.

I want to finish this little speech by a little drawing, a little cartoon I saw recently, and I love this cartoon, there was one butterfly and a little caterpillar, face to face, and the little caterpillar is talking to the butterfly, and he says "Oh, my old friend, you changed a lot"!

Meaning 'you were much better before when you were just a caterpillar'.

That's not love.

Of course it's better to change, and leave the caterpillar become a beautiful butterfly.

So please, help each other, stop being caterpillar and help each other to all become beautiful "chocho" butterflies.

ABOUT OUR SECRET GARDEN*June 3rd*

We all have a secret garden and it's very precious for me.

The secret garden is the memory you have when you were a little child.

Because every human being when we are born, as babies, naturally we are in a state of Buddha.

We are smiling, laughing for no reason and happy babies. And you have in your memories, many memories of the happy child you were.

There was no education yet, you were maybe running in the garden of your mother or grandmother, Playing with insects or butterflies or flowers.

Making castle with sand, anything, You have this, all of you, different memories for different children, and nobody knows that, except yourself.

So when the thunderstorms and typhoons and earthquakes of life try to damage you, it's good to go back to these memories.

It is the most natural form of meditation, remembering your child memories.

You were so happy when you were a child, before school, before being damaged by education and the teachers, before being damaged by the society, governments and powers. Remember this little girl or this little boy, looking and playing with very simple things. What was it? Try to remember, the oldest possible memories of a child, the very happy ones.

Me, I have one, I was collecting snails and putting them in line and there was one mark and I was making them race and I was betting this one will win, and I loved it so much.

The second best pleasure I remember: every morning, my grandmother had a big garden with many rose flowers and in every rose there was a special shining insect, a scarab, like the insect of the Egyptians of a shining green, a fluorescent green. I was going from rose to rose to collect them because they were living inside the flower and looking at them in my hand like living jewels. Then I would put them back on each flower. I made some mistakes, because sometimes it was not the right flower where I took them, but I am sorry for that.

And this is the happiest memories of my childhood, you have to remember yours, we all have. Remember them, it's still alive inside of you. What is it? Flowers, insects, stones, birds, anything?

There were many birds in the garden, so many little birds, and I wanted to catch one. My uncle told me it's very easy to catch one of them, you just have to put a little bit of salt under their tail, and I believed it. So I took the salt pot of my grandmother and I was trying to put salt under the tails of the birds. I tried for so many days until I realize it was a lie and a joke. Of course you can put salt under the tail if you catch them but they always escape before.

I remember, I was so cute with my little pot of salt coming and always, when I was very close, the little bird escaped.

Happy child memories... What are yours? Remember. We all have many, we could talk for hours about that.

So it's one of the easiest meditation and it is very powerful for bringing you happiness, just sitting and remembering childhood memories.

Because of our everyday life, we forget. We try, we tend to forget these beautiful memories which are a part of us.

These memories, what are they?



They are connections between neurons in our brains, happy memories, happy connections.

When we don't think about them, we can be sad, we can be depressed, they are still here (head), but we don't focus our consciousness on it. So we tend to focus our attention on negative things, fears, anger, many bad things.

By just shifting and remembering the happy memories of your childhood, suddenly we stop using the negative connections and we use the positive happy connections. We all have them, even the most depressed and negative persons, if they shift to child memories, they have positive connections.

By shifting our attention on these connections of the past, we make them live, live again, alive again, born again.

Naturally, when you remember these times, a smile is coming. You don't have to think about smiling, just remembering "oh, in the garden of my grandmother", the smile comes back naturally, and then the negative connections stop to be used in the brain, and the brain shifts towards happiness.

Our mood is 100% based on our thoughts.

For example today, you can think about the coming typhoon and be afraid, "my house, my garden, my trees, what will happen to them" or remember your childhood. If the fear about the coming typhoon was useful, it would be good, but it's not, it's completely useless. Whether you have fear or no fear, it's coming. If you have fear, not only is it coming but you also have the stress associated to it.

If you think about the happiness of your childhood, despite the coming typhoon, you are happy.

You cannot change the trajectory of the path of the typhoon but you can change your mood and that's why remembering your childhood is so important.

And the next step : why not, again, act like when you were a child ? Why not again, look at insects, with your child eyes, collect insects or ants, again. It's not forbidden!

It's not because you became adult that you cannot do exactly the same thing you were doing when you were a child. If you do it, the same happiness will come back, so it's not too late to start. Do it, right now! Love the insects, they are living beings also, without giving them pain.



Every morning I walk on the road here and every morning I save a few snails. They are crossing the road and I know that many cars are coming, so I take them and put them on the side. Everyday. I remember my snails when I was a child and I love saving the lives of snails. Crossing the road is very dangerous for snails, it takes a long time and there are many cars. Sometimes there are no cars, but the sun is hard, I take them and put them in the grass. They don't say thank you, I don't need thank you, I am just happy to save a life, it makes me feel good.

Do it! Around you, you can save plants, trees, flowers, butterflies. It's simple happiness.

Start right now. I wish you a beautiful day and a beautiful week, and a beautiful life and a beautiful eternity.



A NEW MEDITATION GUIDED BY MAITREYA

June 10th

Remember that the happiness center is located in your left pre-frontal cortex. You have learned how to send blood already to this part of your brain and it has been demonstrated that you can make this zone warmer. (see Daniel Chabor's article on Rael-news).

It's not your imagination, it really works. I will now teach you how to activate that center using another way.

Close your eyes, relax, breathe deeply, one time, smile and be happy.

By focusing on the left forehead of your head and sending more blood to this happiness center, you focus all your body into sending more blood to this part and make it warmer and warmer.

Feel it.

You can, some people can feel the heart beat in this part.

All your brain, all your thoughts, everything is focused 100% only on this part.

And it's 100% concentration, but it's happiness so the smile is still here, it's not like a contraction on the face, it's the opposite.

It's a happy concentration, a smiling concentration.

Because the smile is connected to this part and the warmer it becomes, the bigger the smile is.

Feel the connection.

The warmer it is, the more you naturally smile, and the more you smile the warmer it is. That's why some people say : "you don't need to be happy to smile, you need to smile to be happy".

And now, next part, a new part today : visualize this left forehead center of happiness, become warmer and like there is a light inside, a bright light inside your left forehead. It sends light everywhere, like a shining star. All your head receives light, and it's going everywhere, the face, your neck, your shoulders, your torso, your hips, your legs, your arms, all is receiving this light from the left forehead.

So now the happiness center is connecting with all your cells, including the fingers and the toes.

And they all feel that the happiness center is warmer, so your happiness becomes a collective happiness of all your cells.

You are not alone to be happy you have billions of cells now, being happy also and that helps your body to have it's full energy and it's full power. Feel it.

Now you slowly open your eyes and keep this feeling.

Not only your face is smiling now, but every one of your cells is smiling.

66 aH HAPPINESS ACADEMY IN ASIA

« THE PROCESS WHICH IS CONSTANTLY CHANGING THE FUTURE IN PAST IN A CONSTANTLY CHANGING PRESENT ».

May 66aH



How to be deeply happy? By loving yourself. Not a little love, not looking at the mirror and say 'I love you'.

You have to give to yourself the most love of all because you have been created by the Elohim. You are a child of the Elohim. How cannot you fall in love with yourself? Love yourself like crazy.

Touch yourself, love yourself and maybe after you can give love to others. Whatever the shape of your body or face or whatever your age, love yourself and start right now. There is not one person in this room who loves herself enough.

Maitreya, Okinawa, May66aH

You are born for a purpose, you are born to help infinity to become aware of itself. That's why every time you make a decision, especially the decision to become happy, you are not alone. Each one of you is connected to every star in the infinity. You are a part of the infinite universe and you are connected with it. When you are sad, when you decide not to be happy, the entire universe is helping you to become sick and die. You are on a termination program. But when you decide to be happy, the entire universe is helping you to be happy. When you smile for no reason, you send a signal to the infinity. I am you, you are me and I am a part of this infinite universe and the universe brings you happiness. Breath, smile and feel the happiness. What's happening when you do that? The whole universe is plotting to make you happier.

Maitreya, Okinawa, May66aH

The Elohim are your partners in life.

When the light and love of the Elohim is in your heart, everything becomes easy for your life.

In difficult time, it becomes easy.

Nothing is painful when you live for the Elohim. Even death is easy. Being a real Raelian, deeply Raelian, is to dedicate one's life for the Elohim. Nothing else matters.

You can find a girlfriend or a boyfriend you like or be single, it doesn't matter.

You are not single when you love the Elohim, they are your partners in life.

They are much better than having a girlfriend or having friends. They guide you every day in your life.

When you feel them, your life becomes a paradise.

Maitreya, Okinawa, May66aH

Shine love everywhere, shine. You were born for that.

There is nothing better than giving love to others.

That's the most beautiful gift.

A gift to others is a gift to yourself.

Don't look for love; don't try to find someone to love you. Just give.

When you give, you are the first one to feel love, just consciousness and the light of love.

Give and when you have given everything, then give more. Because you have more to give.

How much more? 10 times? 100 times? How much?An Infinity.

The power of love is infinite but there is something beautiful in this chemistry: the less you give, the less you have; the more you give, the more you have. Shine love everywhere, shine. You were born for that.

Maitreya, Okinawa, May66aH

Please shine more than me

Each one of you is a special flower. Only you can sing your song, only you can dance your dance; only you can exhale your perfume. Vangelis has made the best music in the world. He has never been to school. He learned from nature.

Music is everywhere.

Be the Vangelis of your life ; be the Mozart of your life. No school can bring this to you.

School teaches you what has been done by others.

Be your own teacher, your own guide.

You are the genius of your life.

Start now.

Soon I will disappear but what is the most important is the Message.

If it shines inside you, then I can disappear, happily going back to my father.

But if the light I spread dies, then my life would have been a failure.

Do you want me to die happy?

Then shine more than me.

Become totally illuminated by the teachings of the Elohim. This is my goal.

Maitreya, Okinawa May66aH



When you think, you separate yourself from the universe.

Whatever you do in life, you are not alone. The energy of the universe is expressing itself through you. When you are happy, not only you is happy, the universe brings happiness to you..... it supports you. Because you are the universe.

Your body is the best toy of your life. Your body is a connection with infinity.

Look at your hand and see the infinity, it's not your body, it's the sound of infinity, your heart beat, it's the sound of infinity. We are one but we have to feel it. When we don't feel it, we are not.

Thinking is the best tool to separate you from infinity.

Many people think that reading many books makes them connected to the Infinite. Nobody can understand the infinite, even Yahweh, no consciousness in the universe can understand it. But you can feel it and you don't need to have been to the best universities to know that. Just feel it.

When you try to understand it, you put a separation between Infinity and you. You cut the communications between both. The brain is the most powerful and the most dangerous tool. If we use it to think, it is not good, but if we use it to feel, then it is powerful. It is the same with orgasm. Only feel it.

When you think, you separate yourself from the universe.

It's the same thing for everything in life.

Nobody can understand it but you can feel it. You can feel love. Do you feel love? This room is full of love.

I feel it more than anybody else. The energy of love you create is huge.

In this room, there is some dark energy as well, I can feel it. They try to think. They are like black holes. By doing it, they cut the links with everything around them, they become alienated.

Crazy people in hospitals are very intelligent but they are crazy because they don't feel anymore the connections in the universe. You put yourself at a mental risk when you think too much.

The world is sick of intelligent people. Governments are made of intelligent people who create problems in the world. We have to be afraid of intelligent people. Chernobyl, Fukushima: very intelligent people created them.

They were however totally stupid because they were disconnected from the reality.

Maitreya, Okinawa, May 66aH



TESTIMONY OF GUYOM, GUIDE FROM FRANCE

“The process that is constantly changing the future into a past in a constantly changing present.”

The Happiness Academy in Asia is a marvelous week in which the Magician of awakening, Maitreya Rael, has spread the wings of our consciences.

With our hearts filled with awe, we now fly from Okinawa to Europe...

We went through time so quickly this past week...

As Maitreya taught us during this seminar's opening ceremony: “Each moment is a process that transforms the future into a past in a constantly changing present.”

Wow! What a seminar!! What powerful teachings!! What a wonderful atmosphere full of gentleness, refinement, humility, and simplicity. Yes, simplicity too because as Maitreya told us: “To be happy is simple: breathe deeply once, smile, and just feel the happiness !”

It is as simple as this! And perhaps we don't apply it because, as He told us: “We think too much. We try so hard to be intelligent and to look thoughtful that we complicated things to the point of becoming a-lienated.” He went on to say: “The only real intelligence is neither thought nor thoughtfulness...it is Love. The more we think, the less we are. Happiness's worst enemy is the thought.”

Each day, He elevated us higher, took us to new heights, to new mountain peaks, whether the mountain represented happiness, laughter, the art in all things and in each moment of our lives, or spirituality.

Moreover, He taught us: “It is important to laugh at ourselves instead of laughing at others because laughing at ourselves elevates us whereas laughing at others belittles us. When we begin to seriously laugh at ourselves we are no longer able to stop.”

Maitreya also told us that we were all a part of the universe, that everything is interconnected. There is a natural harmony that maintains this harmony. The universe reflects back to us what we send out to it. And whatever we do the universe helps us either way: If we express positivity, it will reflect positivity back to us. If we express negativity, it will reflect negativity back to us.

He reminded us that there was more wisdom in a dance than in a large number of philosophical essays and He encouraged us to dance and sing on Earth before the earth dances and sings on top of us.

Each morning, classes began with a song by the Angel's Choir, directed by the extraordinary Lotus. Such beautiful and pure songs that we felt



*Lotus**Sophie during the sensual night*

gently enveloped by a profoundly spiritual atmosphere! Lotus has elevated us with her songs and dances in a way that only creative geniuses have the secret. And Maitreya reminded us of how vital it was for us all to sing and dance daily because these are like meditations that connect us to infinity through our body. He went on to say: "Our body is the best toy the Elohim gave us."

He added that all religions have songs and dances in their spiritual practices. The goal isn't to sing or dance perfectly with a flawless technique, but rather to make sounds that make us feel good and, in the process, to connect to infinity with our body, which is, "The Elohim's most beautiful temple," He added.

To this end, each afternoon workshops were filled with songs and dances. There was also yoga, massages, and even laughter :D! Laughter was omnipresent in all activities and, like Buddha's disciples, in order to find the Maitreya's disciples one only had to go where laughter resonated. Laughter was even at the beach where we all spent two afternoons just feeling good being together, also while bathing in the turquoise waters of the Pacific Ocean, and on the beach's fine sand where spontaneous contests for the best sand-symbol were taking place. We were simply playing like children because this is what we are, first and foremost: children.

But there's more! Evenings were simply spectacular! One moment we had Asian colors with Lotus' songs, another we had Caribbean colors with Dou's songs, and we also had Korean, or Okinawaian dances as well as talented artists from various disciplines who delighted us no less. And Sophie, like a dream maker, conducted a sensual evening full of wonders. A composition of masterpieces filled with sensuality.

Throughout the seminar, the legendary Japanese discipline resulted in a flawless and remarkable organization that gave priority to harmony at every level and, thanks to this, we were able to experience an exceptional fluidity that was felt in everything that was being accomplished.

We ended the week on a high note of enthusiasm by the Angels with a song by Sophie whose Crystal voice and power of Love for our Creators that she expressed moved us to tears of happiness. Also, likened to an ultimate prayer, we felt a powerful link to the Elohim when we experienced the teachings of Maitreya in His garden on Sunday at 11. His teachings on Love raised our awareness on the importance of giving without expecting anything in return. "Better to not give anything than to give with the hope of getting the slightest thing in return. To love is to be entirely disinterested and profoundly surprised if we get something in return."

When we arrived in Okinawa, we understood why the inhabitants of this island were so close to what Maitreya teaches us. And those of us who flew in from Europe were taken aback by the purity, kindness, politeness, and gentleness of Okinawaian. Imagine



a country where each person deeply cares about helping others, where everyone shows tremendous respect for others and bow humbly to greet others, where people's smiles to one another is unpretentious and comes naturally... Imagine a country where art and flowers are from everywhere, where no one is honking or fighting on the streets, and where our philosophy is given respect like any other... Welcome to Okinawa!

And when you arrive at the Happiness Academy, where the majority of attendees are endowed by this culture and guided several notches higher by Maitreya Rael, paradise on Earth is here and now. About this Love that resides in us all, that we have for one another, for infinity and our Creators, Maitreya told us: "We, Raelians, should dedicate each second of our lives to the Elohim. Each time that you spread their Message, your genetic code physically lights up; this is very real, even if we don't have the instruments to measure it yet."

Woohoo! Each time we spread their Message and give Love!! Indeed, this Love, we feel it and live it through His contact because He is the Magician of consciences, the One who allows the pieces of infinity that we are to be the answer as to why we were created. He is the One who unites humans to those who came from the sky, singing His father's glory through His teachings in which Universal Love is the ultimate perfume.



A new Guide level 5 from China was nominated and empowered on the last day of the seminar:

Cheng Kui JIN

Now Guide Level 4 in Vietnam only
(level 2 in Canada) Marcel St-Arneault

New Guide level 4 in China

Yu Mei CHENG

Confirmed Guide level 4 in Japan

Shigeru YAMAZAKI

New Guide level 4 Trainee in Japan

Tsutomu OKAMURA





MAY 1ST: “INTERNATIONAL PARADISM DAY”

While millions of people worldwide were celebrating “Labour Day” on May 1st, Raelians were promoting the “impending end of labour”, an event orchestrated by Jarel, Continental Guide of Oceania and coordinator of the Paradism Movement.

The purpose of International Paradism Day is to foster awareness of an emerging new society, a world without work or money. It also aims at countering the delusional political discourse about creating and saving more jobs...

Raelians were in the streets everywhere...



IN MEXICO CITY AND PUEBLA

In Mexico City, Frank, Ruben, Silvestre, Aida and Priscilla, and Puebla, Maricarmen, Benny, Cynthia and Vicente, both in their respective regions enthusiastically took the streets to promote “Paradism” on 1st of May. While trade unions around the country expressed their disagreement, the Raelians staged a peaceful march, we received positive feedback to the slogan “For a world without work or money” while others laughed saying “I prefer to work and not be lazy”, this caught the attention of a representative of a radio station of the University of Chapingo inviting the representative of the Raelian Movement to explain to the audience what “Paradism” is.

In both regions, our covers, posters and brochures raised the attention of people to know that robots and nanobots would replace human labor, young people were the most interested in the promotion of “Paradism”, some shouted no more work! (1000 leaflets were distributed)

A great day!

with love from Beny Reyes, Puebla Guide and Frank Caballero, Mexico DF Guide

IN CARTAGENA, COLOMBIA

Raelians in Colombia celebrated International Paradism Day in the cities of Cartagena and Manizales. Martha Isabel reported that in Cartagena, her poster generated a lot of curiosity thanks to its text “Every human being should have the right to eat even without working.” “Many people started to laugh, or were surprised, while others were more skeptical; we told them that in a near future we will no longer be forced to work.”

Meanwhile, in Manizales, Rúben and Sandra were promoting this exciting activity under heavy rain.



AMERICA

PARADISM WAS ALSO PROMOTED IN CHICAGO A FEW WEEKS LATER.



Thousands of protesters from across the country marched through downtown Chicago on Sunday, May 20th in one of the city’s largest demonstration in years; and the Chicago Paradism diffusion team was there! Organized by our brothers, Pedro and Marc, our team took to the streets under a hot midday sun. While world leaders met behind closed doors for the NATO summit, the throng of protesters flooded the streets to air grievances about a wide range of complaints from war to climate change. During the march down Michigan Avenue, they chanted, sang songs, and shouted a variety of slogans against wars, economic mismanagement, and the waste of valuable resources just to name a few. At the end, nearly 40 young veterans dramatically dis-

owned their service medals and some symbolically hurled them in the direction of McCormick Place where world leaders were meeting.

Our team joined the protest early in Grant Park, the kick-off rallying point for the march. While the crowd waited to begin the procession through the streets, we walked around through the mass of humanity with our poster held high. We passed out lots of flyers to interested spectators. At the beginning of the march, we managed to secure a spot near the front just behind the contingent of war veterans who were led by the Reverend Jessie Jackson. Our poster rose high above the crowd.

Love, from Larry Regional Guide

IN QUEBEC, THE RAE LIANS UNRESERVEDLY SUPPORT THE YOUTH REVOLUTION

On May 22nd, more than 300,000 people took to the streets of Montreal to support hundreds of thousands of students currently on strike and to challenge the absurd decisions of the Quebec Government. Among them, dozens of Raelians were present to give their support and to bring a little bit of hope.

Daniel Chabot commented:

“Those who govern us, with their usual blatant lack of vision, are misreading reality and are therefore accumulating their mistakes. What we are witnessing is not a crisis, it is a revolution. And this revolution goes far beyond a student strike over rising tuition fees in Quebec. This revolution is part of a broad worldwide movement of protest, a generalized sense of being fed-up with this corruption and rotten legacy they want to leave to our youth. The Quebec youth is not just saying no to their tuition bill. They are saying no to the invoice that has been accumulated by past generations. AND THEY'RE ABSOLUTELY RIGHT! AND THEY'RE NOT ALONE. Their actions are part of the momentum of the outraged, the Occupy movement, the mega demonstrations in Spain and Greece, and the Arab Spring, etc. Here, people call it the “Maple Spring” (in French, this rhymes with “Arab Spring”). What they need, to pick up the pieces that were left by their predecessors and to clean-up this huge dump society wants to pass on to them, is education. Because only knowledge, science and technology will allow future generations to repair the mistakes of all those who lacked vision, who chose individualism, who contaminated our beautiful planet and who now want the younger generation pay for their foolishness and abuses. The young people are not buying into this, and those in power are starting to realize it.



Several years ago, Maitreya had announced this revolution of the youth. He predicted a return to the peace and love of the sixties' hippie movement. This prophecy is now being fulfilled, before our eyes. While many are worried and wonder what lies ahead, and do not see how we will solve all these problems, we, Raelians, rejoice because once more, the last prophet had foreseen it right. This is why, everywhere around the world, the Raelians are taking to the streets again, in the heart of the revolution, to offer THE solution: PARADISM! A great boost of energy sweeps over us because for so long we have been waiting for these prophetic moments.”

RAE LIANS AT THE MEXICO CONFERENCE ON ARCHAEOASTRONOMY AND COSMOVISION OF ANAHUATL

On 18 and 23 March. - The Raelian Movement of Mexico was invited to participate in Puebla and Mexico City with the founders and representatives of indigenous communities. This invitation was made by Jose Manuel Garcia Castillo, the last Tlatoani, known to be the oldest indigenous community in Mexico as Acamapichtli. In attendance were the Guides Beny Reyes, Frank Caballero and his assistant Nicholas Ortiz.

It is the first time that the Raelian Movement has met with these communities and representatives who were given the book "Intelligent Design". First Congressman Filogonio Sánchez Alvarad who represents the indigenous communities of Mexico City, was very interested in the message of our creators and very kindly proposed us some dates to have a talk later about the Raelian philosophy. We were very touched as the Acamapichtili presented us with several deputies while mentioning that the book came from the beings of the stars and that they should read it as it was important to make a deep change with human beings, these words were very moving.



Then we gave another book to the Deputy and National President of Mother Earth Jesus Leon Salgado, who accepted it with great emotion. We also gave another book to the founders of the Mayan community ASANANDA ZUNTHI starring Thierry Vanbelle and another to Dr. Francisco Uriarte.

A day of great diffusion in this room called House of Deputies which will surely bear many fruits because they want to make an invitation to Our Beloved Maitreya.

With love

Frank Caballero, Mexico City Guide

IN EUROPE

WAVE OF KINDNESS IN SWITZERLAND



The past Nov. 13th, the Swiss Raelians organized an action called "Say Something Nice" in the streets of Geneva (1). The pleasure they felt on that day, made them want to do it again and to spread once again this gentle and kind perfume. Eva Ponty who led the event has the following story :

« On Saturday the 24th of March, our twenty hearts and minds were transported by a common theme we chose together "let us care for one another".

Joy and happiness were present. The menu offered: « free hugs », interviews on

kindness, a podium with a microphone where passerby's were free to "Say Something Nice", beautiful philosophical quotes about love from Maitreya Rael, Gandhi, Nelson Mandela.

During this action, moments where the pleasure of the senses were just as present. Those participating were dressed in white and pink with big angel wings or colorful outfits for the pleasure of the eyes, truffles and cookies were offered for the pleasure of the mouth and songs were played for the pleasure of the ear.

« Did we change something in others that day? Eva asked. There were many smiles, hugs, some people felt wonderful, others had touching reactions. One person shared with us that our action represented such a light of hope for her. A woman left wearing angel wings with a broad smile. Some passerby's simply passed by...



Eva concluded with this sentence of Maitraya Rael, which perfectly describes this action : “To love is to give without expecting anything in return”.



BACK TO FINLAND

« This is my 7th time going to Finland », says Pierre André Dorsaz. He went back to Finland on March 29 accompanied by two other persons. “During our many visits, we made friendship ties. Some people appreciate us and help us with the preparation of the conference (room rental, passing out flyers, putting up posters”

The day before the conference, six people joined the group to participate in a meditation session and share in the discussion about the new socio-political system initiated by Maitraya Rael : Paradism (www.paradism.org).

On the day of the conference, thirty-three people came. Among them was a university student who studies about UFO sightings at Turku University. After the conference, everyone gathered around a good meal that included the Raelians and the friends that have been following them for several years.

« These are also opportunities for exceptional even unexpected encounters. The university student crosses the path of another person she knew from a work related business but that she had never actually met. This conference gave them the opportunity to meet ».

Pierre André concluded : « Thanks to this trip we take each year, we feel an infinite pleasure in sharing the Raelian Philosophy and spread love. We feel linked to one another.”

MEETING WITH THE MOLDAVIC YOUTH

Jaom Crépin, assistant guide and coordinator of the diffusion in Moldavia has this to say about his experience there.

«There were three of us, for this marvelous diffusion as we prepared for a Raelian conference, in Chisinau, the capital of Moldavia. This small country is located between Ukraine and Romania, where Slavic and Latin cultures mix”. Thirty people attended and showed much interest during the conference organized to explain the origins of the creation of life on Earth by an extraterrestrial civilization.

The interest culminated as two people expressed the wish to do their transmission of the cellular plan during the upcoming first Sunday of April.

THE DISCIPLES OF MAITREYA AT THE CANNES FESTIVAL.

From May 17th to the 20th, the Francophone guides of Europe were gathered around our wonderful continental guide, Pierre, in Cannes, where the Cannes film Festival was taking place.

While the «stars» were walking up the steps onto the red carpet leading to the Palace of the Festival under the incessant flashes of the cameras of photographers, the guides were going up the steps of the Palace of spirituality under the incessant flashes of bubbling neurons...

With the prayer to our Fathers, we took off toward the high peaks of religiosity guided by the incandescent light of our precious Pierre.

During the next 4 days, Pierre assisted by Alexandra, offered us a scenario titled «consciousness» that allowed us to feel ever deeper that we are ONE, thanks to meditations, prayers and synagogue teaching sessions.

During that afternoon, we also participated in a video to promote Paradism that will soon be released on Youtube and promises to be a marvelous diffusion tool on the net. Just wanted to wet your appetite...;) ! I

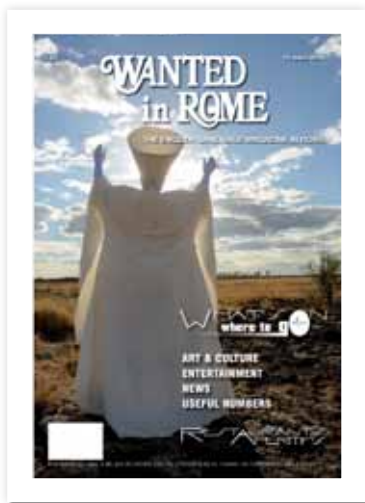
In the end, we couldn't be so close to the most famous of all the film festivals without going to the heart of the action and offer the Messages as a movie endeavor. We arrived on the Croisette, shining with the light we had cultivated during our recent seminar.

We made a strong impression thanks to our artists and our brothers and sisters whose bodies had been creatively painted. We got the attention of thousands of people, of festival goers and of the press, resulting in several interviews. A beautiful article has already been published on citizenside.com!

That day, we also gave the Messages to the Dardenne brothers, Producers, to Dario D'Argento, Italian Producer, to Asia Argento, actress and to the TV Show host, Eric Noileau.

With the light of this seminar, we were able to light up the Croisette above which the diamond of the Messages was dazzling brightly, reminding everyone that only one person was capable of producing the movie of life on earth if it was to be written with Love, Harmony and Peace: our Beloved MAITREYA...

Guyom, Regional Guide of Lyon, France



POPE ALICE WANTED IN VATICAN CITY

Luke Robert's avatar, Pope Alice, was portrayed this month on the English cultural magazine in Rome, Italy, called "Wanted"... Pope Alice could be seen on many kiosks around the city...

Luke, Guide in Australia, commented: "No reward offered...so not really an outlaw after all...Our show opened on Friday here at the British School and Pope Alice was chosen for the cover of Wanted, which is the English language guide to culture in Rome."

We know Pope Alice will have much fun, a few yards from the 'usurpator'...

ASIA

OKINAWA RAE LIANS AGAINST THE DEBRIS

Since the request by the Japanese Prime Minister to have all prefectures welcome debris from the Fukushima area as a solidarity gesture, the Japanese Raelians have organized many protests, asking the local governments to refuse such a heavy nuclear pollution that would affect the local life for generations.

Large Raelian protests were organized in Osaka in April and Kyoto in March.

The Okinawa team has elected to protest every week since March, collecting signatures for the petition asking Okinawa people to refuse the Fukushima debris in order to preserve one of the few Japanese areas that hasn't been touched by radioactivity.



Every week, the Okinawa Raelians would meet with the leader of the city office and submit the week's signatures. Kumiko Nagai tells us:

"We went to the city office at least once a week, to see the leader every time... some weeks I met him 3 times. Some times we were only two Raelians, sometimes 15 Raelians together..... we were 15 there at least 5 times!"

The local team also designed a 15 second advertisement (shown on the picture above) which was aired 16 times a day on a big screen near the International street of Naha where they collected signatures and near the city hall. A Non-Raelian paid for that screen Ad, showing the interest our action has generated in the island.

Several thousands of signatures have been collected since the beginning of the protest.

"At the beginning many people thought it is good to accept the rubble from Fukushima but now many people start to understand that it is a big risk and there are other way to help the Fukushima Tohoku area. If they were at 50% in favor of welcoming it, they are now more at 40% only. Also at the beginning the local media did not help us much, but now they are more on our side."

The latest news from Okinawa is that the prefecture has decided to study the impact the debris would have on the island and have therefore stopped the process of importing them... a nice victory for the Raelians who stay vigilant as the government keeps its pressure to spread the radioactivity on the whole country instead of keeping it contained as Maitreya has proposed, in the Fukushima area.

CLITORAID

CLITORAID AT EXXXOTICA IN MIAMI

We got our CLITORAID booth for the 5th consecutive year at the EXXXOTICA 2012 held in the hip area of South Beach.

This year we did great! First of all we had a good spot, close to the entrance of the show; also, we had a larger crowd than last year, especially on Saturday night. People were drawn to our booth attracted by Raquel's beauty, sexyness and charm, offering the well known "chocolate-pussies", one of the most popular souvenirs in the show.

Also, this year, just as last year we had a picture of President Obama wearing the ADOPT A CLITORIS t-shirt that brought



a lot of attention with laughter and helped us collect money for the Pleasure Hospital we're building in Burkina Faso.



I have to say that each year we have more fun with this activity and it is so rewarding to know that more and more people are learning about us. Occasionally we come across people who already know about Clitoraid from past events which brings a special feeling of satisfaction knowing that our efforts are paying off.

Jesus Rojas -

CLITORAID NEWS IN BRIEF

Already 30 patients have been operated on in the US by Dr Bowers since we had her trained by Dr Foldes.

The new surgery center with Dr. Henning on the East Coast will welcome its first patient on July 14.

Dr Foldes has finally published his results (see below for its summary)

Thanks to the local clitoraid teams effort of the past 6 months, we have been able to send to Burkina Faso a little more than \$10,000 at the end of May which will allow us to finish the building of the storage area and the shelter for the back-up electricity generator and the incinerator.

What is now left to do is the fence that is required by the government official prior the opening of the hospital. The estimated cost is \$50,000. Let's focus to have that amount soon....thank you all for your wonderful help!!!

RECONSTRUCTIVE SURGERY AFTER FEMALE GENITAL MUTILATION: A PROSPECTIVE COHORT STUDY

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(12\)60400-0/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(12)60400-0/fulltext)

an article by Pierre Foldès MD a, Dr Béatrice Cuzin MD b Corresponding AuthorEmail Address, Armelle Andro PhD c

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Summary

Background

Women who have undergone female genital mutilation rarely have access to the reconstructive surgery that is now available. Our objective was to assess the immediate and long-term outcomes of this surgery.

Methods

Between 1998 and 2009, we included consecutive patients with female genital mutilation aged 18 years or older who had consulted a urologist at Poissy-St Germain Hospital, France. We used the WHO classification to prospectively include patients with type II or type III mutilation. The skin covering the stump was resected to reveal the clitoris. The suspensory ligament was

then sectioned to mobilise the stump, the scar tissue was removed from the exposed portion and the glans was brought into a normal position. All patients answered a questionnaire at entry about their characteristics, expectations, and preoperative clitoris pleasure and pain, measured on a 5-point scale. Those patients who returned at 1 year for follow-up were questioned about clitoris pain and functionality. We compared data from the 1-year group with the total group of patients who had surgery.

Findings

We operated on 2938 women with a mean age of 29.2 (SD 7.77 years; age at excision 6.1, SD 3.5 years). Mali, Senegal, and Ivory Coast were the main countries of origin, but 564 patients had undergone female genital mutilation in France. The 1-year follow-up visit was attended by 866 patients (29%). Expectations before surgery were identity recovery for 2933 patients (99%), improved sex life for 2378 patients (81%), and pain reduction for 847 patients (29%). At 1-year follow-up, 363 women (42%) had a hoodless glans, 239 (28%) had a normal clitoris, 210 (24%) had a visible projection, 51 (6%) had a palpable projection, and three (0.4%) had no change. Most patients reported an improvement, or at least no worsening, in pain (821 of 840 patients) and clitoral pleasure (815 of 834 patients). At 1 year, 430 (51%) of 841 women experienced orgasms. Immediate complications after surgery (haematoma, suture failure, moderate fever) were noted in 155 (5%) of the 2938 patients, and 108 (4%) were briefly re-admitted to hospital.

Interpretation

Reconstructive surgery after female genital mutilation seems to be associated with reduced pain and restored pleasure. It needs to be made more readily available in developed countries by training surgeons.

Funding

French Urological Association.